



FAME CLUB *Chinese New Year Family Lunch*

Theme: Harmony – Hand in Hand 24 Feb 2018 (Saturday)

This annual event garnered an overwhelmingly positive response from the FAME Club members and their loved ones in which over 140 people were in attendance. The excitement was evident as the members began arriving hand in hand with their family 2 hours before the start of the event. Looking splendid, they proudly took family portraits against the beautiful Chinese New Year backdrop.

Guest-of-honour, Mr Desmond Choo, Mayor of NECDC, graced the event. He was accompanied by Mr Michael Tan, Paya Lebar CCC Vice-Chairman and Mr Wilson Chua, Chairman of Tai Peng, NC. They were impressed by the exhibition of a range of beautifully handmade crafts & paintings by the FAME Club members. Mr Desmond Choo's sincere and thoughtful speech moved the audience. He said that he looked forward to attend the event in spite of his busy schedule and it was the highlight of his day. Referring to FAME Club members, he made this statement: "The health system is meant to keep you in IMH. It's the love from the people (at FAME Club) that will keep you from IMH." In appreciation of his support, a FAME Club member presented him with an exquisite Chinese painting she had done.

The event drew a mixture of exuberant laughter from the fun-filled activities and tear-filled joy due to the touching testimonies shared by the members, their family members & volunteers. In closing of a memorable day, our members presented a heart rending action song to a supportive & appreciative audience. Most of the handmade crafts were sold out before the end of the event. That was a great affirmation to the FAME Club members. Each guest left with a packet of cookies, hand-made with love by our members.



CHILDREN, YOUTH & FAMILY



CHILDREN & YOUTH DROP-IN CENTRE

In view of the changing needs of our community children and youth, BCARE opted to restructure our children & youth centre-based programmes to a drop-in centre. The Centre in Blk 603 was given a new lease of life after a fresh coat of paint covered its walls and a few new furnishings were added in February. As part of creating a cohesive and inclusive environment, a few of the children and youth gamely participated in the painting of a mural and redecorating the centre.



At this phase of their lives, children and youth enjoy hanging out with their friends. The new drop-in centre aims to provide them with a safe environment to chill and bond, in place of void decks and fast food joints. Special group activities and outings will also be conducted on a regular basis to help the participants learn and grow. The drop-in centre is open for children aged 7 to 12 on Tuesday and Wednesday. Youth aged 13 to 20 can drop in on Thursday and Friday.

EAGLES YOUTH COMMUNITY SERVICE



In early April, we were told that an elderly resident needed help as his poor living conditions were affecting his health. We decided to mobilise some of our youth to be involved.

Upon arrival, we were taken aback by what we saw. All kinds of rubbish were strewn everywhere and the strong stench of urine and faeces filled the entire house. Even though we felt that the cleaning work was beyond us, we encouraged the youth to give our best and serve the uncle as if he were our grandfather.

After about 5 hours of hard work, we were surprised at the progress we had made. Almost the entire house was scrubbed clean and tidied up. The uncle, who was sleeping earlier, was equally surprised and pleased with the new state of his home.

This is indeed a meaningful experience for the youth. At the end of the day, their physical bodies were tired but their spirits were high. They were surprised that such living conditions exist in Singapore, but they were also amazed at the result of our combined effort. They felt a great sense of satisfaction, knowing that they have contributed a small part in improving someone's life.





ELDERLY

BCARE Senior Activity Centre (BCARE SAC)

The SAC opened its doors to the seniors living in Compassvale Cape on 2 April 2018. Activities started 3 months leading to the opening.

A needs survey was conducted in January with the aim of planning programs and activities that will benefit these seniors. Our volunteers faithfully combed unit by unit, gathering information that will aid in our planning.

In February, we organised a Chinese New Year get-together for the seniors and saw a good attendance of almost 40 seniors from different ethnic groups turning up. They had fun getting to know their neighbours over games, singing and Chinese New Year goodies. As the evening came to a close, we tossed the specially catered Halal Yu Sheng as a mark of blessings and prosperity for the New Year.

In March, we conducted two Orientation sessions for the residents. Besides introducing them to our services, we also conducted a registration drive. Almost all who attended registered on the spot.

Since the opening in April, we have had many activities to engage and interact with the seniors. Besides daily exercises and games, we also took the seniors for a walk down memory lane through their childhood songs, games and snacks. We introduced Line Dance and conducted an Eye Health Talk cum Eye Screening event. We also brought the seniors for a visit to Changi Airport whereby they got to create their own masterpieces at the Art Rubbing Station. All these activities have garnered very good responses from our seniors.

Sharing similar sentiments with these seniors, we are looking forward to running more meaningful programs that can provide them with a platform for social interaction and a more fulfilling life.





SOCIAL ENTERPRISE

With the aim to give our FAME Club members a hope and a future through gainful employment, we embarked on a vocational skills training programme to equip them for the working world.

Our experienced volunteers patiently taught the members skills on baking muffins, cookies and brownies. Through many trials and errors, the members can now confidently bake by themselves with minimum supervision. We have started selling these items to friends and recommended contacts.

We also have a team trained for basic housekeeping work. These members undergo training and competency assessments in our centres and some houses. A few have been gainfully employed since completing the training programme.

In the process of training, both in baking and cleaning, the members have not only gained a new work skill, they have also developed a self-confidence that has benefitted them in their social interaction too.

**MENTAL
HEALTH**

HOW CAN YOU HELP US ?

You can partner us to make our services affordable and accessible to those who need them.

- ☐ give a one-time or monthly donation
- ☐ volunteer

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