

OUR SERVICES	PIC	MON	TUE	WED	THUR	FRI	SAT	
<b>Playgroup</b>	Ms Charon Yap H/P: 8533 3755	<b>JOY Connection Playgroup</b> Blk 957 Mon & Fri: 10.00am to 11.30am Tue & Thu: 1.30pm to 3.00pm						
<b>Student Care Centres</b>	Ms Jane Kong, Centre Manager Office hours:- Mon to Fri: 10.00am to 7.00pm Tel: 6315 4276 Email: <a href="mailto:joy_admin@bcare.org.sg">joy_admin@bcare.org.sg</a>	<b>JOY Connection Student Care Centre</b> Blk 958 Mon to Fri: 1.00pm to 7.00pm						
<b>Children and Youths</b>	Ms Tay Ching Yee Tel: 6340 4168 Email: chingyee@bcare.org.sg		<b>Kidz Klub</b> Blk 603 2.30pm to 5.30pm	<b>Kidz Klub</b> Blk 603 2.30pm to 5.30pm				
	Ms Tracy Ng Tel: 62852167 Email: tracyn@bcare.org.sg				<b>Eagles Youth</b> Blk 603 3.00pm to 6.00pm	<b>Eagles Youth</b> Blk 603 3.00pm to 6.00pm		
	Mr Kelvin Poh Tel: 6340 4119 Email: rr22@bcare.org.sg						<b>Royal Rangers Outpost 22</b> Blk 603 1.15pm to 3.30pm <a href="#">Click here for more information</a>	
	Mr Seth Hwang Tel: 6340 4159 Email: sethswang@bcare.org.sg	<b>Tuition Programmes</b>						
	Ms Stella Tan Tel: 6340 4162 Email: stellatan@bcare.org.sg	<b>School Social Work</b>						
<b>Seniors</b>	Ms Mabel Chan Tel: 6387 0686						<b>Senior Connect</b> Blk 574 8.30am to 12.00nn	
	Ms Angeline Quek Tel: 63404147 Email: angelinequek@lsbc.org.sg		<b>Senior Connect</b> Blk 603 9.00am to 12.00nn				<b>Senior Connect</b> Blk 603 9.00am to 12.00nn	
	Ms Rosalind Louis Tel: 6340 4158 Email: rosalind@bcare.org.sg	<b>Eldercare Befrienders BCARE Senior Home Care</b>						
	Ms Teng Ting Ching Tel: 6610 0802 Email: tengtingching@bcare.org.sg	<b>BCARE Senior Activity Centre</b> Blk 287A Mon to Fri: 9.00am to 6.00pm Sat: 8.30am to 12.30pm						
	Ms Jane Hui Tel: 6340 4146 Email: janehui@lsbc.org.sg						<b>Coffee Corner</b> Blk 287A 9.00am to 12.00nn	
<b>Social Service</b>	Please call our office at 6340 4161 during working hours or email us at admin@bcare.org.sg to schedule an appointment.	<b>Counselling</b> <i>By appointment</i>						
	Ms Stella Tan Tel: 6340 4162 (By appointment) Email: stellatan@bcare.org.sg	<b>Financial Assistance</b> <i>By appointment</i>						
	Ms Tay Ching Yee Tel: 6340 4168 Email: chingyee@bcare.org.sg	<b>Information and Referral</b>						
<b>Mental Health</b>	Ms Lily Chan Tel: 6340 4164 Email: lilychan@bcare.org.sg	<b>Friendship And Mind Enrichment (FAME) Club</b> Blk 242 Tue to Fri: 9.00am to 1.00pm						
	Mr Seth Hwang Tel: 6340 4159 Email: sethswang@bcare.org.sg	<b>Friendship And Mind Enrichment (FAME) Club</b> Blk 574 Tue to Fri: 9.00am to 1.00pm						
<b>Sports &amp; Wellness</b>	Mr Edmund Woon Tel: 6387 0686 Email: edmundwoon@bcare.org.sg		<b>Line Dance</b> Blk 574 8.00pm to 9.30pm		<b>Line Dance</b> Blk 574 8.00pm to 9.30pm		<b>Line Dance</b> Blk 574 2.00pm to 3.30pm	
	Mr Edmund Woon Tel: 6387 0686 Email: edmundwoon@bcare.org.sg				<b>Inline Skating</b> Blk 574 7.45pm to 8:30pm			
	Ms Wendy Teo Tel: 6340 4161 Email: admin@bcare.org.sg	<b>Badminton</b> Currently not available. Will be opened for intake once we have enough participants.						
	Mr Nelson Ho Tel: 8522 7521	<b>Traditional Chinese Medicine (Orthopedics) Services</b> Blk 574 Mon and Wed, 6.00pm to 9.00pm, Tue and Thu, 2.00pm to 6.00pm By appointment only Discounted Rate: Consultation: Free Tui Na: \$20 for 30min Acupuncture: \$15 to \$30 per session						
	Mr Edmund Woon Tel: 6387 0686 Email: edmundwoon@bcare.org.sg	<b>Gymnasium</b> Blk 574 Mon to Fri: 2.30pm to 10.00pm Sat: 11.00am to 7.00pm Adult (Above 18 yrs old): \$3.50 per entry Student and SC: \$2.50 (Below 18 yrs old) Max.Usage: 3 hours.						
Mr Edmund Woon Tel: 6387 0686 Email: edmundwoon@bcare.org.sg	<b>Table Tennis</b> Blk 574 Mon to Fri: 2.30pm to 10.00pm Sat: 11.00am to 7.00pm \$3 per 1 hour game. If you do not have your own table tennis bat, you may purchase it at 2 for \$1.							

**ABBREVIATIONS:**

<b>Name of location:</b>	<b>Address:</b>
Joy Connection Playgroup	Blk 957 Hougang St 91 #01-280 Singapore 530957
Joy Connection Student Care Centre	Blk 958 Hougang St 91 #01-268 Singapore 530958
Bethesda Community Assistance & Relationship Enrichment Centre	Blk 242 Hougang St 22, #01-93 Singapore 530242
BCARE Connection	Blk 574 Hougang St 51 #01-09 Singapore 530574
Arts and Culture Learning Centre	Blk 603 Hougang Ave 4 #01-221 Singapore 530603
BCARE Senior Activity Centre	Blk 287A Compassvale Crescent #01-151 Singapore 541287

Updated as at 18 Jul 2018